

In the Middle

JUNE 2024 NEWSLETTER



City Council Meeting

June 11 and June 25
6:00pm City Hall
Visit the City of Peosta

[Website](#)
[Agenda & Minutes](#)

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Mayors Message

**How do you eat an elephant?
One bite at a time!
Attributed to many people**

Happy June! Kids are out of school; baseball is in full swing and your golf handicap is still being calculated!

The above quote refers to tackling a large project or task. It can be overwhelming to try to do the whole task all at once. This is often how the city approaches projects. A case in point is Kelly Oaks Park. The land has been readied for the parking lot – bite one. The path for the trail will be readied next – bite two. The trail itself will be installed – bite three. You see the pattern. Eventually the “elephant” will be eaten. Work continues in the park and will see significant progress this year with completion next year sometime.

Something that I was excited to hear about earlier this year was our City Clerk and City Administrator finding funding to install a sidewalk/trail from Ulyana Dr. to Burds St. This is a significant step in a direction to connect the Eastern most subdivision with the rest of Peosta. This will also increase safety along this stretch of Cox Springs Rd. Another bite in the goal to have access from all of Peosta to all of Peosta!

The council and I have recently had several opportunities to celebrate the progress of Peosta. Ribbon cuttings for Sweat Inspired Sisterhood, The Health Spa by Vive, Mayve Boutique, and Next level Dance Studio. Check out these new businesses to see all Peosta has to offer!

Another celebration was the open house held at your new City Hall. This new space allows the city staff to work efficiently and as a well-organized team. The new council chambers are a significant upgrade from the multi-purpose room that was used before. Part of the renovation replaced a very much needed roof for the entire Peosta Community Center, new work out equipment and a new Golf Simulator! The simulator has more than just golf that can be played so be sure to check it out!!

Peosta is truly the Middle of Everywhere and always a hub of activity!

Russ Pfab
Mayor

Peosta Police Department News

Cones From Cops Summer Program

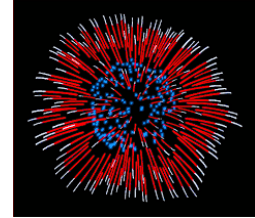
Summer for the kids is now in full swing. With sponsorship from Dairy Queen in Peosta, Peosta police officers will be patrolling the neighborhood's this summer and looking for children wearing their safety bicycle helmets or any other safety gear or doing good deeds throughout the community. With the good deeds and preventive safety comes a reward. The police officers will be handing out a free ice cream cone voucher to any child doing a good deed. See you all out this summer!

Stay Safe!
Chief Comer



Fireworks Reminders

July 4th is approaching! Please be safe when using fireworks and know the laws provided below:



The City of Peosta currently follows the state law for fireworks. If you plan on purchasing and setting off fireworks please read the following. Respect your neighbors and understand that if your fireworks end up on someone else's property, it is a violation of this code.

Iowa State Code 727.2 reads:

4. Limitations.

- a. A person shall not use or explode consumer fireworks on days other than June 1 through July 8 and December 10 through January 3 of each year, all dates inclusive.
- b. A person shall not use or explode consumer fireworks at times other than between the hours of 9:00 a.m. and 10:00 p.m., except that on the following dates consumer fireworks shall not be used at times other than between the hours specified:
 - (1) Between the hours of 9:00 a.m. and 11:00 p.m. on July 4 and the Saturdays and Sundays immediately preceding and following July 4.
 - (2) Between the hours of 9:00 a.m. on December 31 and 12:30 a.m. on the immediately following day.
 - (3) Between the hours of 9:00 a.m. and 11:00 p.m. on the Saturdays and Sundays immediately preceding and following December 31.
- c. A person shall not use consumer fireworks on real property other than that person's real property or on the real property of a person who has consented to the use of consumer fireworks on that property.
- d. A person who violates this subsection commits a simple misdemeanor. A court shall not order imprisonment for violation of this subsection.

**Public Works
Department
Compost Site-New
Location**

**Free Fishing
Weekend**

[Share the fun of fishing during free](#)

The site is now located at the end of Kapp Drive. There are signs directing where the materials should be placed. We ask that you please respect the property and do not leave any trash at the Compost Site. Please be courteous by placing grass clipping and leaves on one side of the bin and branches on the other side. The compost site is for **City of Peosta Residents ONLY**. Residents of Thunder Ridge, Burds Acres, and Thunder Hills Subdivisions are not allowed to use the City compost site. Materials accepted Tree Branches Leaves Garden waste Grass clippings Materials Not Accepted Garbage Demolition or Construction Materials

Surveillance Cameras are in use

Friendly Pet Reminders

**Please pick up after your pet while walking as a courtesy to your neighbors, the Police Department requests that all dog owners clean up after their dogs on city sidewalks, streets, and grass while walking dogs. Thank you for your cooperation.



fishing weekend June 7-9

Iowa residents can try fishing without buying a license on June 7, 8 and 9 as part of the Iowa Department of Natural Resources' (DNR) free fishing weekend. All other regulations remain in place. Free fishing weekend is a great time to share the fun of fishing with a kid, your family or a friend. Outdoor fun awaits at hundreds of Iowa lakes, thousands of miles of rivers or a neighborhood pond. "Grab your tackle box, take the family, and get your lines in the water," said Joe Larscheid, chief of the Iowa DNR's Fisheries Bureau. "You'll be reeling in fish and making new memories in no time!"

Find a list of stocked lakes and ponds that are easily accessible in parks and along trails on the Iowa DNR's interactive Iowa Community Fisheries Atlas at www.iowadnr.gov/Fishing/Fish-Local.

Fun, hands-on fishing events will be offered across Iowa to help families new to fishing get started. Check the general fishing calendar on the DNR website at www.iowadnr.gov/fishing for a list of free fishing events.

Keep the fun going all summer long by buying a fishing license. It's easy to buy a fishing license with the DNR Go Outdoors Iowa online licensing system at <https://license.gooutdoorsiowa.com/Licensing/CustomLookup.aspx>.

You can download the public Go Outdoors IA mobile app for iPhone and Android devices to buy and store your fishing license, so you will always have access to your license no matter where you are. Yearly, seven-day, or 24-hour fishing licenses are available.

Enticing a fish to bite your hook is fun for all ages. Get tips for taking kids fishing and catching crappie and bluegills on the DNR website

at www.iowadnr.gov/Fishing/Ready-to-Fish.

Media Contact: Tyler Stubbs, Community Fishing Biologist, Iowa Department of Natural Resources, 515-344-6960.



Now Available! Summer Single Memberships



\$125



Are you a college student back for the summer, or just looking for a membership over the summer? Stop at the Peosta Community Centre front desk today to sign up.

This membership will be valid from now through September 1st and will cost \$125.

Get Moving: 30-Day Workout Goal

Think you have what it takes to complete this challenge? The objective is to get physically active for at least 30 minutes every day in June. Any type of activity counts towards the challenge as long as you get up a move! Attend PCC fitness class, workout in the weight room, play pickleball, go for a walk, anything! The possibilities are endless and can be totally adapted to your personal preferences and lifestyle.

Take this challenge on by signing up at the PCC front desk. Set "S.M.A.R.T." (Specific, Measurable, Achievable, Relevant, and Time-oriented) goals to give you a sense of purpose. There will be a binder to track your progress through the month so you can keep yourself accountable.



Events/Announcements

- **Looking for a place to hold a baby shower, bridal shower, or birthday party?** Check out our meeting room for your next event. \$100 for 3 hours.

Contact Ty at ttroutman@cityofpeosta.org for additional information.

- **June 5th: Mini Chefs Series Peosta:** Pasta Day. Ages 10-12 <https://www.simpletix.com/e/mini-chefs-cooking-series-peosta-pasta-day-tickets-169993>
- **June 13th: Teen Chefs Cooking Series Peosta:** Gnocchi Day. Ages 13-17 <https://www.simpletix.com/e/teen-chefs-cooking-series-peosta-gnocchi-d-tickets-169996>
- **Soccer Registration is Open:** For kids going into kindergarten through 8th grade. Practices will start the last week of July, with games starting Saturday mornings around August 24th.

Register online at activenet.active.com/Peosta, or at the Peosta Community Centre front desk.

- **Day Camp starts June 3rd.** For ages 5-10. This program will be a positive influence in your child's summer as we have loads and loads of super fun activities to keep the kids busy, active, and moving this summer. Our number one goal is to HAVE FUN! If interested contact Stacey at sbauer@cityofpeosta.org for available dates.



Nutrition/Health TIP OF THE MONTH:



Don't eat heavily charred meats. Meat can be a nutritious and healthy party of your diet. It's very high in protein and a rich source of nutrients. However, problems occur when meat is charred or burnt. This charring can lead to the formation of harmful compounds. When you cook meat, try not to char or burn it. Additionally, limit your consumption of red and processed meats like lunch meats and bacon.



SUMMER HOURS

Starts Friday, May 24th!
Monday-Thursday – 5:00am-8:00pm
Friday – 5:00am-7:00pm
Saturday – 7:00am-3:00pm
Sunday – 7:00am-12:00pm

Have Question? Contact Us

563-556-8751



7896 Burds Rd #9646
Peosta, IA 52068

New Business Ribbon Cuttings in Peosta

The City of Peosta is excited to have residents Stephanie (Grutz) and Alex Goerd of Peosta for their new location for The Health Spa by Vive. An Open House with live music, food and a ribbon cutting ceremony took place on May 9th.

The business provides a number of services including foot detox, hyperbaric oxygen therapy, infrared saunas, acoustic therapy, natural aesthetics plus hair care, blood diagnostics as well as IV nutritional therapy, to patients for a variety of health issues as well as patients pursuing preventative care.



7407 Thunder Valley Drive
(563) 284-2422

<https://viveivtherapy.com/new-appointment/>



The Health Spa by Vive owners Stephanie Grutz and Alex Goerd. Stephanie is board-certified family nurse practitioner, certified in integrative medicine and specialize in IV nutritional therapy.

IV infusion proved the body with essential vitamins, nutrients and amino acids directly to the bloodstream at the cellular level, bypassing the digestive tract for maximum absorption.

This new building is also home to the distribution center for their Select Balance brand supplements which ship all 50 states!

To learn more about all services that they provide, visit – www.thehealthspa.com.

Here are a few pictures of the festivities! Those representing the city are (left to right) Council member, John Kraft, Megan Pierce, PCED, Owners Stephanie and Alex, Mayor, Rus Pfab and Council Member, Jeff Buxton.

Thanks Stephanie and Alex and welcome to Peosta!



257 Cox Springs Road
563-239-2018

nextleveldancecompany.peosta@gmail.com

[Website](#)



Next Level Dance Company has proudly opened its new studio at 257 Cox Springs Road. Lexy Stroud-Abbott, known as Miss Lexy to her students, is the owner and operator. She initially began teaching at the Peosta Community Centre with approximately 40 students before moving to a studio on Peosta Street, located below Ultimate Impressions. The growing demand quickly necessitated a larger space.

The new facility spans over 5,000 square feet and includes three studios and a spacious lobby, now serving over 300 students. This impressive space reflects the remarkable growth of Next Level Dance Company. Recently, the studio was honored as Dubuque's best dance studio through Community Votes. Congratulations, Lexy! Peosta is proud and honored to support the growth of your business in our community.

Below are some pictures from the ribbon-cutting ceremony





Mayor Russ Pfab, LeAnn Schroeder, Hunter Fens, Lexi Stroud-Abbott, Council Member Brian Schatz, and Council Member Jeff Buxton.



Meet the Goats!

And Watch them Work!

Sunday, June 23rd
4:00pm-7:00pm

Darkbird Taphouse
73056 Thunder Valley Drive

[More Information](#)
CoxSpringsFarm.com



Dubuque



Dubuque County Library PEOSTA / NICC BRANCH

PROGRAMS FOR KIDS & FAMILIES

Tuesday, June 11 @ 4:30 pm - 5:30 pm

Chess Club

Peosta Branch 8342 NICC Drive, Peosta, Iowa

Welcome to the timeless game of chess! Join us for engaging lessons where beginners and seasoned players alike can sharpen their skills and learn winning tactics and strategies.

Thursday, June 13 @ 1:00 pm - 2:00 pm **Summer Adventures**

Mad Mixture: Super Cold! Summer Adventures

Peosta Branch 8342 NICC Drive, Peosta, Iowa

We're making ice cream through SCIENCE! Embark on an exhilarating journey into the world of extreme temperatures with SUPER COLD! from the Grout Museum. Join us a mind-bending exploration of...

[RSVP Now](#) Free

Thursday, June 13 @ 6:00 pm - 7:00 pm

Friends of the Dubuque County Library District Meeting

Peosta Branch 8342 NICC Drive, Peosta, Iowa

The Friends of the Dubuque County Library will hold their monthly meetin

Tuesday, June 18 @ 11:00 am - 12:00 pm

Sam Rezz CIRCUS

Peosta Branch 8342 NICC Drive, Peosta, Iowa

Join circus performer Sam Rezz in the morning with her dazzling show of hula hoops, juggling, and more! Join her in the afternoon for a workshop for kids where she...

(563) 556-8755

[City of Peosta Website](#)



City of Peosta | 7896 Burds Road P.O. Box 65 | Peosta, IA 52068 US

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